

## Coaching Profile - Stephen Harrison



Stephen has 20+ years working with organizations, teams and individuals supporting them to respond to or create change in a positive, constructive manner. He enables them to embrace change with power and purpose. His passion for coaching stems from the satisfaction he gains when those he works

with access and apply their personal power within their lives; gain a greater appreciation of what they are capable of; and create optimum results.

He offers [executive coaching](#), [team coaching](#), and [group coaching](#). (Follow the links or go to [www.harrison.co.nz](http://www.harrison.co.nz) to learn more about what Stephen offers).

### Experience and Qualifications

Stephen's professional background includes roles such as software developer; strategic, project and change manager; trainer; group facilitator; coach; Board director; and business owner. Key experience includes:

- more than a decade of coaching experience
- professional experience in strategic, project, change and process management
- 20+ years running his own consulting business
- extensive experience in facilitating groups
- working with people in personal growth situations, particularly when facing transition
- Published his book in 2012: 'Appreciate the fog: embracing change with power and purpose'.

Stephen holds the following coaching-related qualifications:

- Certificate in Brain-Based Coaching (Neuroleadership Group)
- Associate Certified Coach (ACC) through the International Coach Federation (ICF)

**Stephen's references** are available [here](#) or on his [LinkedIn](#) profile.

Coaching is a guided process that supports you create the results you want. It offers a framework for you to set stretching and challenging goals; plan strategies and actions to achieve your goals; be held accountable for taking action; and develop thoughts feelings and behaviours that will enable you succeed. Whether conducted with individuals, teams or groups, coaching is a partnership between coach and coachee(s).

### What You Can Expect

As your coach, Stephen guides you to create the results you want. He can provide a framework for setting and achieving challenging goals, or you may use sessions to attend to whatever burning issue(s) exist for you at the time, or a. Sessions are an opportunity for you to:

- clarify and focus on whatever matters to you;
- plan strategies and actions for moving forward;
- validate and evaluate progress;
- develop congruent thoughts, feelings and behaviours that will enable your success; and
- speak candidly. Confidentiality is paramount. Anything you share remains within the session.

Stephen works to your agenda, clarifying each session what you seek from your time together. He partners with you to deliver the desired outcomes. He will support you tap in on what matters most, and gain clarity of purpose. You are in the driver's seat.

Stephen enables you to truly own your situation, insights, actions, and results. He supports you by asking probing questions that open you to your own answers.

As an ICF member and [accredited coach](#), Stephen adheres to the [ICF Code of Ethics](#).